

 Patons

719

CC

UPSIDE-DOWNERS

easy pullovers to knit from the top down



Child's sizes 2 to Adult's extra-large





UPSIDE-DOWNERS

easy pullovers to knit from the top down

Here's a new way to look at your knitting - from the top down !

Each design in this book begins at the neck and works down towards the lower band, using a circular needle for the body and double-pointed needles for the sleeves.

It's an ideal method for people who love knitting but not finishing ... there are no seams to sew.

For a special look, stripes, cables or fair-isle motifs can be worked in as you go, just like in conventional knitting.

*These projects are suitable for any **Patons knitting worsted weight yarn**. They have a knitting tension in plain stocking stitch of 20 sts = 4 ins (10 cm) on 4½ mm (U.S. 7) needles. Several of the most popular K.W. yarns are described below.*

Patons Canadiana KW is a top quality 100% acrylic yarn, with a broad shade range. It is ideal for family knitting, is non-allergenic, and comes in 50 g or 100 g balls.
- machine wash and dry.

Patons True North KW is a rich blend of 50% wool and 50% acrylic, in a vibrant shade range. It's a good choice for family or fashion knitting, combining the luxurious look and feel of wool with the practical characteristics of acrylic.
- machine wash, dry flat.

Patons Classic Wool is a smooth, soft, merino blend pure wool, ideal for trendy or traditional knitting. It's available in a superb range of current and classic shades.
- hand wash, dry flat.

Patons Rustic Wool is a natural pure wool with an earthy homespun look. The shades are subtle mixtures of the colours of nature ... truly a wool lover's delight!
- hand wash, dry flat.

Patons®

UPSIDE-DOWNERS

easy pullovers to knit from the top down

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 **Patons**
Canadiana

 **Patons**
TRUE
NORTH KW

 **Patons**
Classic Wool
merino blend

 **Patons**
Rustic Wool

Every effort has been taken to ensure the accuracy of these instructions. Patons, however, cannot accept responsibility for typographical errors or misinterpretation of instructions.

Visit us online at www.patonsyarns.com

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HELPFUL HINTS

For best results, be sure to use the yarn recommended in the pattern, and purchase enough of one dye lot to complete your project. It is a good idea to retain ball bands in case of inquiry. Before you begin to knit check your tension by making a test swatch and adjusting needle sizes, if necessary, to obtain the tension quoted in the pattern. Inaccurate tension results in a garment too large or too small. Even a variation of half a stitch makes an obvious difference in the finished size. Loose tension can result in the garment losing its shape during wear or laundering. Before beginning, read the instructions and underline all figures applying to your size. Sizes should be chosen from actual bust or chest measurements and not age or ready-to-wear sizes.

If you are using **Patons Classic Wool** or **Patons Rustic Wool** your garments can be steamed into shape, following the dimensions on the schematic diagrams. Pin garment to a flat surface and cover with a damp cloth. **Press lightly using a steam iron.** When dry, unpin and proceed with the Finishing Instructions given in the pattern.

If you are using **Patons Canadiana** or **Patons True North K.W.** your garment should not be steamed. If pressing is required, lay garment right side down on a flat surface and pin to measurements following schematic diagrams. Cover with a damp cloth and leave to dry.

WASHING INSTRUCTIONS

Patons Classic Wool and **Patons Rustic Wool:** Hand wash. Dry flat.

Patons Canadiana: Machine wash. Machine dry.

Patons True North K.W.: Machine wash, cool water, gentle cycle. Dry flat.

HAND WASHING

Note the measurements of the garment before washing. Thoroughly dissolve soap or mild detergent in lukewarm water. Place the garment in the suds and squeeze gently. Do not rub or leave to soak. Support the garment with your hands as you remove it from the water. Rinse twice in clean, lukewarm water. Remove excess moisture by rolling in a thick towel.

MACHINE WASHING

Do up buttons and turn the garment inside out. Wash the garment, preferably on its own, with a gentle cycle, using lukewarm water and detergent. Softener may be added to the final rinse. Do not use bleach.

DRYING FLAT

Do not wring, twist or hang to dry. Lay garment on a flat surface away from lights, sunlight and excessive heat. While still damp, gently push garment back to its original measurements.

MACHINE DRYING

Tumble dry at low setting. Do not over-heat.

ABBREVIATIONS

mm	= millimetre(s)
cm	= centimetre(s)
in(s)	= inch(es)
g	= gram(s)
beg	= beginning
alt	= alternate
st(s)	= stitch(es)
inc	= increase
dec	= decrease
0	= no sts, times or rows
K	= knit
P	= purl
tbl	= through back of loop(st)
tog	= together
cont	= continue(ity)
rep	= repeat
sl	= slip
pat	= pattern
psso	= pass slipped st over
Sl1K	= slip next st knitways
rnd(s)	= round(s)

() = The figures inside the brackets mean the instructions for the various sizes for which the pattern has been written. Brackets can also mean that the enclosed instructions are to be worked the number of times stated after the brackets.

Beehive Book No. 414 "Learning to Knit" clearly illustrates all these stitches for the beginner.

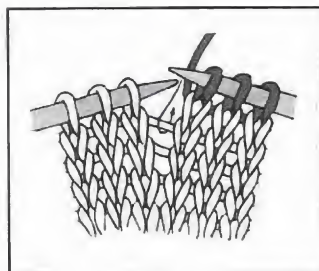
U.S. KNITTERS PLEASE NOTE:

Canadian and American terminologies differ slightly. Equivalents are shown below.

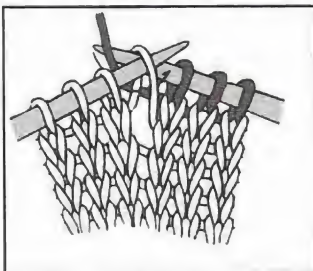
Canadian	U.S.
yfwd	yarn over (yo)
yrn	yarn over (yo)
tension	gauge
cast off	bind off

* = The star symbol is a repeat sign and means that you follow the printed instructions from the first * until you reach the second *. You will then repeat from * to * the given number of times which **does not** include the first time. The ** and *** are used in the same way.

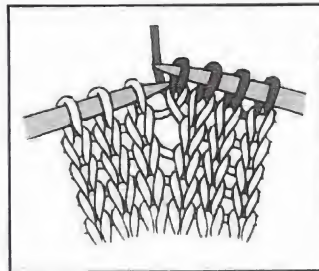
HOW TO M1 (Make one st)



1. Insert the right hand needle from front to back under the horizontal strand lying between the last st on right hand needle and the next st on left hand needle.

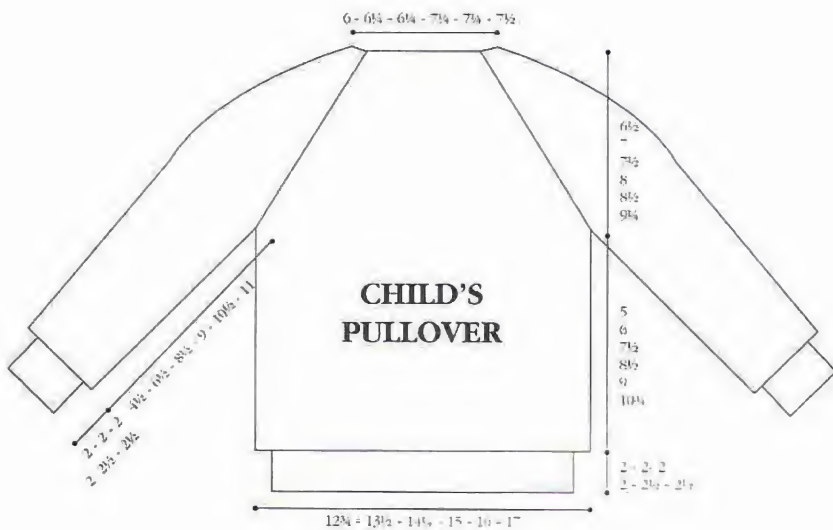
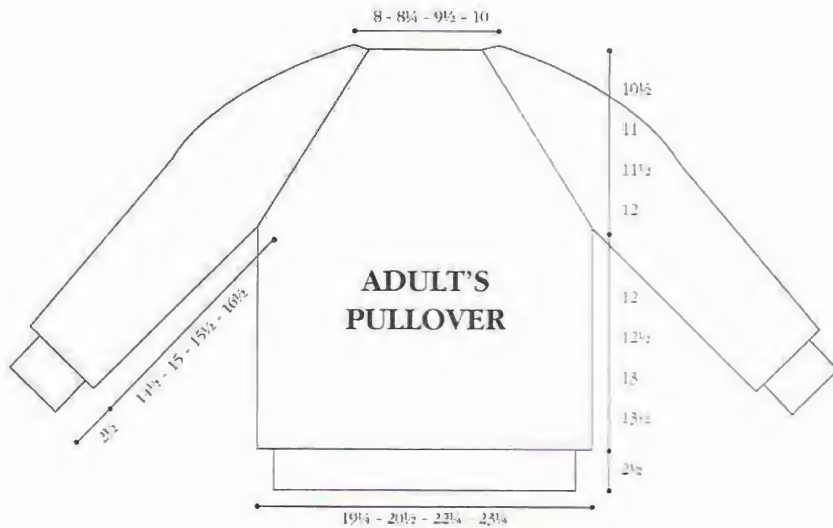


2. Lift the strand onto the left hand needle. Insert right hand needle through the **back** of this newly formed st and knit into it. (Knitting into the back of this st will twist the st and prevents a hole forming).



3. Slip this twisted st onto the right hand needle. A new st has been formed between two existing sts.

SCHEMATIC DIAGRAMS



Needle Conversion Chart

Canadian and U.K. sizes	000	00	0	1	2	3	4	5	6	7	8	9	-	10	11	12	13	14	15
Metric sizes	10	9	8	7 1/2	7	6 1/2	6	5 1/2	5	4 1/2	4	3 1/2	3 1/2	3 1/2	3	2 1/2	2 1/2	2	1 1/2
U.S. sizes	15	13	11	-	-	10 1/2	10	9	8	7	6	5	4	3	-	2	1	0	-

ADULT'S TEXTURED YOKE PULLOVER

shown on page 2

SIZES

Bust/chest measurement

Small	30-32 ins	[76-81	cm]
Medium	34-36 "	[86-91	"]
Large	38-40 "	[97-102	"]
Extra-Large	42-44 "	[107-112	"]

Finished bust/chest

Small	38½ ins	[98	cm]
Medium	41 "	[104	"]
Large	44½ "	[113	"]
Extra-Large	46½ "	[118	"]

MATERIALS

Sizes S M L XL

Patons Classic Wool or

Patons Rustic Wool (100 g balls)

Main B	5	6	7	7
Contrast A	1	1	1	1
Contrast C	1	1	1	1

Patons True North K.W. or

Patons Canadiana (50 g balls)

Main B	11	12	13	14
Contrast A	2	2	2	2
Contrast C	1	1	1	1

Set of four double pointed needles, sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7).

Sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7) circular knitting needles 60 cm long
or size needed to obtain tension.

TENSION

20 sts and 26 rows = 4 ins [10 cm] with
4½ mm needles in stocking st.

INSTRUCTIONS

*The instructions are written for smallest size.
If changes are necessary for larger sizes the
instructions will be written thus ().*

Neckband: With B and set of four 4½ mm needles cast on 80 (84-96-100) sts. Divide these sts onto 3 needles. Join in round and placing a marker on first st, work 2 rounds in (K1, P1) ribbing. Change to set of four 3¾ mm needles and cont in ribbing until work from beg measures 3 ins [8 cm].

Change to set of four 4½ mm needles and proceed as follows noting that as sts inc work will be moved onto 4½ mm circular needle:

1st rnd: (Marking rnd). With A, K6. Place a marker on next st and knit it. K26 (28-34-36) (back). Place a marker on next st and knit it. K12. Place a marker on next st and knit it. K26 (28-34-36) (front). Place a marker on next st and knit it. K6.

2nd rnd: (K1, P1) 3 times. M1. Knit marked st. M1. (K1, P1) 13 (14-17-18) times. M1. Knit marked st. M1. (K1, P1) 6 times. M1. Knit marked st. M1. (K1, P1) 13 (14-17-18) times. M1. Knit marked st. M1. (K1, P1) 3 times. (8 sts inc).

3rd rnd: (P1, K1) 3 times. P1. Knit marked st. (K1, P1) 14 (15-18-19) times. Knit marked st. (K1, P1) 7 times. Knit marked st. (K1, P1) 14 (15-18-19) times. Knit marked st. (K1, P1) 3 times. K1. Seed st pat is now in position.

4th rnd: (Seed st pat to next marked st. M1. Knit marked st. M1) 4 times. Seed st pat to end of rnd.

5th rnd: (Seed st pat to next marked st. Knit marked st) 4 times. Seed st pat to end of rnd.

Rep last 2 rnds once more.

8th rnd: With B, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

9th rnd: (Purl to next marked st. Knit marked st) 4 times. Purl to end of rnd.

10th rnd: With C, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

11th rnd: Knit.

Rep last 2 rnds twice more.

16th and 17th rnds: As 8th and 9th rnds.

18th rnd: With A, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

19th rnd: (Seed st pat to next marked st. Knit marked st) 4 times. Seed st pat to end of rnd.

20th rnd: (Seed st pat to next marked st. M1. Knit marked st. M1) 4 times. Seed st pat to end of rnd.

Rep last 2 rnds 4 times more.

29th and 30th rnds: As 8th and 9th rnds.

31st rnd: With C, knit.

32nd rnd: (Knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

Rep last 2 rnds 4 times more.

41st and 42nd rnds: As 8th and 9th rnds.

43rd rnd: With A, (knit to next marked st. Knit marked st) 4 times. Knit to end of rnd.

44th rnd: (Seed st pat to next marked st. M1. Knit marked st. M1) 4 times. Seed st pat to end of rnd.

45th rnd: (Seed st pat to next marked st. Knit marked st) 4 times. Seed st pat to end of rnd.

Rep last 2 rnds 6 times more.

58th rnd: With B, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

59th rnd: (Purl to next marked st. Knit marked st) 4 times. Purl to end of rnd.

60th rnd: (Knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

61st rnd: Knit.

Rep last 2 rnds 4 (6-8-9) times more. 352 (372-400-412) sts. Break B.

Next rnd: (Dividing rnd). Slip first 40 (42-44-45) sts (half left sleeve) onto first spare needle. Rejoin B and K96 (102-112-116) (back). Slip next 80 (84-88-90) sts (right sleeve) onto 2nd spare needle. K96 (102-112-116) (front). Slip last 40 (42-44-45) sts (rem half left sleeve) onto first spare needle. 192 (204-224-232) sts for body.

Cont knitting in rnds over body sts until body from dividing rnd measures 12 (12½-13-13½) ins [30.5 (32-33-34.5) cm].

Change to 3¼ mm circular needle and work 2½ ins [6 cm] in (K1, P1) ribbing. Cast off in ribbing.

Sleeves: With right side of work facing, divide 80 (84-88-90) sleeve sts evenly onto three 4½ mm double pointed needles. Join in round having first st at underarm and placing a marker on this st, proceed as follows with B: Knit 5 rnds even.

Next rnd: K1, K2tog. Knit to last 2 sts. Sl1K, K1, psso.

Rep last 6 rnds 11 (12-13-13) times more. 56 (58-60-62) sts.

Cont even knitting in rnds until work from dividing rnd measures 14½ (15-15½-16½) ins [37 (38-39.5-42) cm].

Next rnd: Knit, dec 14 sts evenly around. 42 (44-46-48) sts.

Change to set of four 3¼ mm needles and work 2½ ins [6 cm] in (K1, P1) ribbing. Cast off in ribbing.

Finishing: Fold neckband in half to wrong side and sew loosely in position.

CHILD'S TEXTURED YOKE PULLOVER

shown on front cover and page 2

SIZES

Chest measurement

2	22	ins	[56	cm]
4	24	"	[61	"]
6	25½	"	[65	"]
8	27½	"	[70	"]
10	29	"	[73.5	"]
12	31	"	[78.5	"]

Finished chest

2	25½	ins	[65	cm]
4	27	"	[68.5	"]
6	28½	"	[72.5	"]
8	30	"	[76	"]
10	32	"	[81.5	"]
12	34	"	[86	"]

MATERIALS

Sizes 2 4 6 8 10 12

Patons Classic Wool or

Patons Rustic Wool (100 g balls)

Main B	3	3	3	4	4	5
Contrast A	1	1	1	1	1	1
Contrast C	1	1	1	1	1	1

Patons True North K.W. or

Patons Canadiana (50 g balls)

Main B	4	4	5	6	7	8
Contrast A	1	1	1	1	1	1
Contrast C	1	1	1	1	1	1

Set of four double pointed needles, sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7). Sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7) circular knitting needles 60 cm long or size needed to obtain tension.

TENSION

20 st and 26 rows = 4 ins [10 cm] with 4½ mm needles in stocking st.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ().

Neckband: With B and set of four 4½ mm needles cast on 60 (64-64-72-72-76) sts. Divide these sts onto 3 needles. Join in round and placing a marker on first st, work 2 rounds in (K1, P1) ribbing. Change to set of four 3¾ mm needles and cont in ribbing until work from beg measures 2¼ (2¼-2½-2½-2¾-3) ins [5.5 (5.5-6-6-7-8) cm].

Change to set of four 4½ mm needles and proceed as follows noting that as sts inc work will be moved onto 4½ mm circular needle:

1st rnd: (Marking rnd). With A, K4 (5-5-6-6-6). Place a marker on next st and knit it. K20 (20-20-22-22-24) (back). Place a marker on next st and knit it. K8 (10-10-12-12-12). Place a marker on next st and knit it. K20 (20-20-22-22-24) (front). Place a marker on next st and knit it. K4 (5-5-6-6-6).

2nd rnd: K0 (1-1-0-0-0). (P1, K1) 2 (2-2-3-3-3) times. M1. Knit marked st. M1. (K1, P1) 10 (10-10-11-11-12) times. M1. Knit marked st. M1. (K1, P1) 4 (5-5-6-6-6) times. M1. Knit marked st. M1. (P1, K1) 10 (10-10-11-11-12) times. M1. Knit marked st. M1. (P1, K1) 2 (2-2-3-3-3) times. P0 (1-1-0-0-0). (8 sts inc).

3rd rnd: P0 (1-1-0-0-0). (K1, P1) 2 (2-2-3-3-3) times. K1. Knit marked st. (K1, P1) 11 (11-11-12-12-13) times. Knit marked st. (K1, P1) 5 (6-6-7-7-7) times. Knit marked st. (P1, K1) 11 (11-11-12-12-13) times. Knit marked st. (P1, K1) 2 (3-3-3-3-3) times. P1 (0-0-1-1-1).

Seed st pat is now in position.

4th rnd: (Seed st pat to next marked st. M1. Knit marked st. M1) 4 times. Seed st pat to end of rnd.

5th rnd: (Seed st pat to next marked st. Knit marked st) 4 times. Seed st pat to end of rnd.

6th rnd: With B, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

7th rnd: (Purl to next marked st. Knit marked st) 4 times. Purl to end of rnd.

8th rnd: With C, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

9th rnd: Knit.

Rep last 2 rnds once more.

12th and 13th rnds: As 6th and 7th rnds.

14th rnd: With A, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

15th rnd: (Seed st pat to next marked st. Knit marked st) 4 times. Seed st pat to end of rnd.

16th rnd: (Seed st pat to next marked st. M1. Knit marked st. M1) 4 times. Seed st pat to end of rnd.

Rep last 2 rnds twice more.

21st rnd: As 15th rnd.

22nd and 23rd rnds: As 6th and 7th rnds.

24th rnd: With C, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

25th rnd: Knit.

Rep last 2 rnds twice more.

30th and 31st rnds: As 6th and 7th rnds.

32nd rnd: With A, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

33rd rnd: (Seed st pat to next marked st. Knit marked st) 4 times. Seed st pat to end of rnd.

34th rnd: (Seed st pat to next marked st. M1. Knit marked st. M1) 4 times. Seed st pat to end of rnd.

Rep last 2 rnds twice more.

39th rnd: As 33rd rnd.

40th and 41st rnds: As 6th and 7th rnds.

42nd rnd: With B, (knit to next marked st. M1. Knit marked st. M1) 4 times. Knit to end of rnd.

43rd rnd: Knit.

Rep last 2 rnds 0 (2-4-5-7-9) times more. 228 (248-264-280-296-316) sts. Break yarn.

Next rnd: (Dividing rnd). Slip first 25 (28-30-32-34-36) sts (half left sleeve) onto first spare needle. Rejoin B and K64 (68-72-76-80-86) (back). Slip next 50 (56-60-64-68-72) sts (right sleeve) onto 2nd spare needle. K64 (68-72-76-80-86) (front). Slip last 25 (28-30-32-34-36) sts (rem half left sleeve) onto first spare needle. 128 (136-144-152-160-172) sts for body.

Cont knitting in rnds over body sts until body from dividing rnd measures 5 (6-7½-8½-9-10¾) ins [12.5 (15-19-21.5-23-27.5) cm].

Change to 3¾ mm circular needle and work 2 (2-2-2-2½-2½) ins [5 (5-5-5-6-6) cm] in (K1. P1) ribbing. Cast off in ribbing.

Sleeves: With B and right side of work facing, divide 50 (56-60-64-68-72) sleeve sts evenly onto three 4½ mm double pointed needles. Join in round having first st at underarm and placing a marker on this st, proceed as follows: Knit 3 (4-4-4-4-4) rnds even.

Next rnd: K1. K2tog. Knit to last 2 sts. Sl1K. K1. pssso.

Rep last 4 (5-5-5-5-5) rnds 5 (6-8-9-10-11) times more. 38 (42-42-44-46-48) sts.

Cont even knitting in rnds until work from dividing rnd measures 4½ (6½-8½-9-10½-11) ins [11.5 (16.5-21.5-23-26.5-28) cm].

Next rnd: Knit, dec 6 (10-8-10-10-10) sts evenly around. 32 (32-34-34-36-38) sts.

Change to set of four 3¾ mm needles and work 2 (2-2-2-2½-2½) ins [5 (5-5-5-6-6) cm] in (K1. P1) ribbing. Cast off in ribbing.

Finishing: Fold neckband in half to wrong side and sew loosely in position.

ADULT'S PLAIN CREW OR TURTLE NECK PULLOVER

shown on page 19

SIZES

Bust/chest measurement

Small	30-32 ins	[76-81 cm]
Medium	34-36 "	[86-91 "]
Large	38-40 "	[97-102 "]
Extra-Large	42-44 "	[107-112 "]

Finished bust/chest

Small	38½ ins	[98 cm]
Medium	41 "	[104 "]
Large	44½ "	[113 "]
Extra-Large	46½ "	[118 "]

MATERIALS

Sizes S M L XL

Patons Classic Wool or

Patons Rustic Wool (100 g balls)

Crew Neck	6	6	7	7
Turtle Neck	6	7	8	8

Patons True North K.W. or

Patons Canadiana (50 g balls)

Crew Neck	12	13	14	15
Turtle Neck	13	14	15	16

Set of four double pointed needles, sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7).

Sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7) circular knitting needles 60 cm long
or size needed to obtain tension.

TENSION

20 sts and 26 rows = 4 ins [10 cm] with
4½ mm needles in stocking st.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ().

Neckband: With set of four 4½ mm needles cast on 80 (84-96-100) sts.

Divide these sts onto 3 needles. Join in round and placing a marker on first st, work 2 rounds in (K1. P1) ribbing.

Change to set of four 3¾ mm needles and cont in ribbing until work from beg measures 3 ins [8 cm] for Crew Neck Version or 6½ ins [16.5 cm] for Turtle Neck Version.

Change to set of four 4½ mm needles and proceed as follows noting that as sts inc work will be moved onto 4½ mm circular needle:

1st rnd: (Marking rnd). K6. Place a marker on next st and knit it. K26 (28-34-36) (back). Place a marker on next st and knit it. K12. Place a marker on next st and knit it. K26 (28-34-36) (front). Place a marker on next st and knit it. K6.

2nd rnd: *Knit to next marked st. M1. Knit marked st. M1. Rep from * 3 times more. Knit to end of rnd. (8 sts inc).

3rd rnd: Knit.

Rep last 2 rnds 33 (35-37-38) times more. 352 (372-400-412) sts. Break yarn.

Next rnd: (Dividing rnd). Slip first 40 (42-44-45) sts (half left sleeve) onto first spare needle. Rejoin yarn and K96 (102-112-116) (back). Slip next 80 (84-88-90) sts (right sleeve) onto 2nd spare needle. K96 (102-112-116) (front). Slip last 40 (42-44-45) sts (rem half left sleeve) onto

first spare needle. 192 (**204-224-232**) sts for body.

Cont knitting in rnds over body sts until body from dividing rnd measures 12 (**12½-13-13½**) ins [30.5 (**32-33-34.5**) cm].

Change to 3¾ mm circular needle and work 2½ ins [6 cm] in (K1, P1) ribbing. Cast off in ribbing.

Sleeves: With right side of work facing, divide 80 (**84-88-90**) sleeve sts evenly onto three 4½ mm double pointed needles. Join in round having first st at underarm and placing a marker on this st, proceed as follows:
Knit 5 rnds even.

Next rnd: K1, K2tog. Knit to last 2 sts. Sl1K, K1, pssso.

Rep last 6 rnds 11 (**12-13-13**) times more. 56 (**58-60-62**) sts.

Cont even knitting in rnds until work from dividing rnd measures 14½ (**15-15½-16½**) ins [37 (**38-39.5-42**) cm].

Next rnd: Knit, dec 14 sts evenly around. 42 (**44-46-48**) sts.

Change to set of four 3¾ mm needles and work 2½ ins [6 cm] in (K1, P1) ribbing. Cast off in ribbing.

Finishing: Crew Neck Version: Fold neckband in half to wrong side and sew loosely in position.

CHILD'S PLAIN CREW OR TURTLE NECK PULLOVER

shown on page 19

SIZES

Chest measurement

2	22	ins	[56	cm]
4	24	"	[61	"]
6	25½	"	[65	"]
8	27½	"	[70	"]
10	29	"	[73.5	"]
12	31	"	[78.5	"]

Finished chest

2	25½	ins	[65	cm]
4	27	"	[68.5	"]
6	28½	"	[72.5	"]
8	30	"	[76	"]
10	32	"	[81.5	"]
12	34	"	[86	"]

MATERIALS

Sizes 2 4 6 8 10 12

Patons Classic Wool or

Patons Rustic Wool (100 g balls)

Crew Neck 3 3 3 4 4 5

Turtle Neck 3 4 4 4 5 5

Patons True North K.W. or

Patons Canadiana (50 g balls)

Crew Neck 4 5 6 7 8 9

Turtle Neck 4 5 7 8 9 10

Set of four double pointed needles, sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7). Sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7) circular knitting needles 60 cm long **or size needed to obtain tension.**

TENSION

20 sts and 26 rows = 4 ins [10 cm] with
4½ mm needles in stocking st.

INSTRUCTIONS

*The instructions are written for smallest size.
If changes are necessary for larger sizes the
instructions will be written thus ().*

Neckband: With set of four 4½ mm
needles cast on 60 (64-64-72-72-76) sts.
Divide these sts onto 3 needles. Join in
round and placing a marker on first st,
work 2 rounds in (K1. P1) ribbing.
Change to set of four 3¾ mm needles
and cont in ribbing until work from beg
measures 2¼ (2¼-2½-2½-2¾-3) ins [5.5
(5.5-6-6-7-8) cm] for Crew Neck Version
or 5 (5-5½-5½-5¾-6) ins [12.5 (12.5-14-
14-14.5-15) cm] for Turtle Neck Version.

Change to set of four 4½ mm needles
and proceed as follows noting that as sts
inc work will be moved onto 4½ mm
circular needle:

1st rnd: (Marking rnd). K4 (5-5-6-6-6).
Place a marker on next st and knit it.
K20 (20-20-22-22-24) (back). Place a
marker on next st and knit it. K8 (10-10-
12-12-12). Place a marker on next st
and knit it. K20 (20-20-22-22-24) (front).
Place a marker on next st and knit it. K4
(5-5-6-6-6).

2nd rnd: *Knit to next marked st. M1.
Knit marked st. M1. Rep from * 3 times
more. Knit to end of rnd. (8 sts inc).

3rd rnd: Knit.
Rep last 2 rnds 20 (22-24-25-27-29)
times more. 228 (248-264-280-296-316)
sts. Break yarn.

Next rnd: (Dividing rnd). Slip first 25
(28-30-32-34-36) sts (half left sleeve)
onto first spare needle. Rejoin yarn and
K64 (68-72-76-80-86) (back). Slip next
50 (56-60-64-68-72) sts (right sleeve)
onto 2nd spare needle. K64 (68-72-76-
80-86) (front). Slip last 25 (28-30-32-34-
36) sts (rem half left sleeve) onto first
spare needle. 128 (136-144-152-160-
172) sts for body.

Cont knitting in rnds over body sts until
body from dividing rnd measures 5 (6-
7½-8½-9-10¾) ins [12.5 (15-19-21.5-23-
27.5) cm].

Change to 3¾ mm circular needle and
work 2 (2-2-2-2½-2½) ins [5 (5-5-5-6-6)
cm] in (K1. P1) ribbing. Cast off in rib-
bing.

Sleeves: With right side of work facing,
divide 50 (56-60-64-68-72) sleeve sts
evenly onto three 4½ mm double point-
ed needles. Join in round having first st
at underarm and placing a marker on
this st, proceed as follows:
Knit 3 (4-4-4-4-4) rnds even.

Next rnd: K1. K2tog. Knit to last 2 sts.
Sl1K. K1. pssso.

Rep last 4 (5-5-5-5-5) rnds 5 (6-8-9-10-
11) times more. 38 (42-42-44-46-48) sts.
Cont even knitting in rnds until work
from dividing rnd measures 4½ (6½-8½-
9-10½-11) ins [11.5 (16.5-21.5-23-26.5-
28) cm].

Next rnd: Knit, dec 6 (10-8-10-10-10)
sts evenly around. 32 (32-34-34-36-38)
sts.

Change to set of four 3¾ mm needles
and work 2 (2-2-2-2½-2½) ins [5 (5-5-5-
6-6) cm] in (K1. P1) ribbing. Cast off in
ribbing.

Finishing: Crew Neck Version: Fold
neckband in half to wrong side and sew
loosely in position.

ADULT'S CABLE PANEL PULLOVER

shown on back cover

SIZES

Bust/chest measurement

Small	30-32	ins	[76-81	cm]
Medium	34-36	"	[86-91	"]
Large	38-40	"	[97-102	"]
Extra-Large	42-44	"	[107-112	"]

Finished bust/chest

Small	38½	ins	[98	cm]
Medium	41	"	[104	"]
Large	44½	"	[113	"]
Extra-Large	46½	"	[118	"]

MATERIALS

Sizes	S	M	L	XL
Patons Classic Wool or				
Patons Rustic Wool				
(100 g balls)	6	6	7	7

Patons True North K.W. or				
Patons Canadiana				
(50 g balls)	12	13	14	15

Set of four double pointed needles, sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7).
 Sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7) circular knitting needles 60 cm long
or size needed to obtain tension. One cable needle or double pointed needle.

TENSION

20 sts and 26 rows = 4 ins [10 cm] with
 4½ mm needles in stocking st.

STITCH GLOSSARY

C4B = slip next 2 sts onto a cable needle and leave at back of work. K2, then K2 from cable needle.

C3BP = slip next st onto a cable needle and leave at back of work. K2, then P1 from cable needle.

C3FP = slip next 2 sts onto a cable needle and leave at front of work. P1, then K2 from cable needle.

C3BK = slip next st onto a cable needle and leave at back of work. K2, then K1 from cable needle.

C3FK = slip next 2 sts onto a cable needle and leave at front of work. K1, then K2 from cable needle.

C4F = slip next 2 sts onto a cable needle and leave at front of work. K2, then K2 from cable needle.

PANEL PATTERN (worked over 32 sts)

1st row: (Right side). P2. K4. P2. K2.

P4. K4. P4. K2. P2. K4. P2.

2nd and alt rows: Knit all knit sts and purl all purl sts as they appear.

3rd row: P2. C4B. P2. K2. P4. C4B. P4. K2. P2. C4F. P2.

5th row: P2. K4. P2. C3FP. P2. C3BP. C3FK. P2. C3BP. P2. K4. P2.

7th row: P2. C4B. P3. C3FP. C3BP. K1. P1. C3FK. C3BP. P3. C4F. P2.

9th row: P2. K4. P4. C4B. (K1. P1) twice. C4B. P4. K4. P2.

11th row: P2. C4B. P4. K4. (P1. K1) twice. K4. P4. C4F. P2.

13th row: As 9th row.

15th row: P2. C4B. P3. C3BP. C3FP. K1. P1. C3BP. C3FP. P3. C4F. P2.

17th row: P2. K4. P2. C3BP. P2. C3FP. C3BP. P2. C3FP. P2. K4. P2.

19th row: P2. C4B. P2. K2. P4. C4B. P4. K2. P2. C4F. P2.

20th row: As 2nd row.

These 20 rows form panel pat.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ().

Neckband: With set of four 4½ mm needles cast on 80 (**84-96-100**) sts. Divide these sts onto 3 needles. Join in round and placing a marker on first st, work 2 rounds in (K1, P1) ribbing. Change to set of four 3¾ mm needles and cont in ribbing until work from beg measures 3 ins [8 cm].

Next rnd: Rib across 8 sts. *M1. Rib across 3 (**4-4-5**) sts. Rep from * 5 times more. Rib to end of rnd. 86 (**90-102-106**) sts.

Change to set of four 4½ mm needles and proceed as follows noting that as sts inc work will be moved onto 4½ mm circular needle:

1st rnd: (Marking rnd). K6. Place a marker on next st and knit it. K26 (**28-34-36**) (back). Place a marker on next st and knit it. K12. Place a marker on next st and knit it. K0 (**1-4-5**). Work 1st row panel pat across next 32 sts. K0 (**1-4-5**) (front). Place a marker on next st and knit it. K6.

2nd rnd: (Knit to next marked st. M1. Knit marked st. M1) 3 times. K0 (**1-4-5**). Work 2nd row panel pat across next 32 sts. K0 (**1-4-5**). M1. Knit marked st. M1. Knit to end of rnd. (8 sts inc).

3rd rnd: K53 (**56-65-68**). Work 3rd row panel pat across next 32 sts. Knit to end of rnd.

4th rnd: (Knit to next marked st. M1. Knit marked st. M1) 3 times. K1 (**2-5-6**). Work 4th row panel pat across next 32 sts. K1 (**2-5-6**). M1. Knit marked st. M1. Knit to end of rnd.

5th rnd: K59 (**62-71-74**). Work 5th row panel pat across next 32 sts. Knit to end of rnd.

Panel pat is now in position.

Keeping cont of panel pat, inc 8 sts evenly around next and following 31 (**33-35-36**) alt rnds as before. 358 (**378-406-418**) sts. Break yarn.

Next rnd: (Dividing rnd). Slip first 40 (**42-44-45**) sts (half left sleeve) onto first spare needle. Rejoin yarn and K96 (**102-112-116**) (back). Slip next 80 (**84-88-90**) sts (right sleeve) onto 2nd spare needle. Pat across 102 (**108-118-122**) sts (front). Slip last 40 (**42-44-45**) sts (rem half left sleeve) onto first spare needle. 198 (**210-230-238**) sts for body.

Cont working in rnds over body sts, keeping panel pat correct, until body from dividing rnd measures 12 (**12½-13-13½**) ins [30.5 (**32-33-34.5**) cm].

Next rnd: K96 (**102-112-116**). *K2tog. K15 (**16-17-18**). Rep from * 5 times more. K0 (**0-4-2**). 192 (**204-224-232**) sts. Change to 3¾ mm needle and work 2½ ins [6 cm] in (K1, P1) ribbing. Cast off in ribbing.

Sleeves: With right side of work facing, divide 80 (**84-88-90**) sleeve sts evenly onto three 4½ mm double pointed needles. Join in round having first st at underarm and placing a marker on this st, proceed as follows:
Knit 5 rnds even.

Next rnd: K1. K2tog. Knit to last 2 sts. Sl1K. K1, pssso.
Rep last 6 rnds 11 (**12-13-13**) times more. 56 (**58-60-62**) sts.

Cont even knitting in rnds until work from dividing rnd measures 14½ (**15-15½-16½**) ins [37 (**38-39.5-42**) cm].

Next rnd: Knit, dec 14 sts evenly around. 42 (**44-46-48**) sts.

Change to set of four 3¾ mm needles and work 2½ ins [6 cm] in (K1, P1) ribbing. Cast off in ribbing.

Finishing: Fold neckband in half to wrong side and sew loosely in position.

CHILD'S CABLE PANEL PULLOVER

shown on back cover

SIZES

Chest measurement

2	22	ins	[56	cm]
4	24	"	[61	"]
6	25½	"	[65	"]
8	27½	"	[70	"]
10	29	"	[73.5	"]
12	31	"	[78.5	"]

Finished chest

2	25½	ins	[65	cm]
4	27	"	[68.5	"]
6	28½	"	[72.5	"]
8	30	"	[76	"]
10	32	"	[81.5	"]
12	34	"	[86	"]

MATERIALS

Sizes	2	4	6	8	10	12
Patons Classic Wool or						
Patons Rustic Wool						
(100 g balls)	3	3	4	4	5	5

Patons True North K.W. or						
Patons Canadiana						
(50 g balls)	4	5	6	7	8	9

Set of four double pointed needles, sizes 3¾ mm (U.S. 5) and 4½ mm (U.S. 7).

Sizes 3¾ mm (U.S. 5) and 4½ mm (U.S.

7) circular knitting needles 60 cm long

or size needed to obtain tension. One cable needle or double pointed needle.

TENSION

20 sts and 26 rows = 4 ins [10 cm] with 4½ mm needles in stocking st.

STITCH GLOSSARY

Tw2L = knit into back of 2nd st on left hand needle, then knit into front of first st, slipping both sts off needle together.

C4F = slip next 2 sts onto a cable needle and leave at front of work. K2, then K2 from cable needle.

C3BP = slip next st onto a cable needle and leave at back of work. K2, then P1 from cable needle.

C3FP = slip next 2 sts onto a cable needle and leave at front of work. P1, then K2 from cable needle.

PANEL PATTERN (worked over 24 sts)

1st row: (Right side). P2. Tw2L. P6.

C4F. P6. Tw2L. P2.

2nd and alt rows: Knit all knit sts and purl all purl sts as they appear.

3rd row: P2. Tw2L. P5. C3BP. C3FP. P5. Tw2L. P2.

5th row: P2. Tw2L. P4. C3BP. K1. P1. C3FP. P4. Tw2L. P2.

7th row: P2. Tw2L. P3. C3BP. (K1. P1) twice. C3FP. P3. Tw2L. P2.

9th row: P2. Tw2L. P2. C3BP. (K1. P1) 3 times. C3FP. P2. Tw2L. P2.

11th row: P2. Tw2L. P2. K2. (K1. P1) 4 times. K2. P2. Tw2L. P2.

13th row: P2. Tw2L. P2. C3FP. (K1. P1) 3 times. C3BP. P2. Tw2L. P2.

15th row: P2. Tw2L. P3. C3FP. (K1. P1) twice. C3BP. P3. Tw2L. P2.

17th row: P2. Tw2L. P4. C3FP. K1. P1. C3BP. P4. Tw2L. P2.

19th row: P2. Tw2L. P5. C3FP. C3BP. P5. Tw2L. P2.

20th row: As 2nd row.

These 20 rows form panel pat.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ().

Neckband: With set of four 4½ mm needles cast on 60 (64-64-72-72-76) sts. Divide these sts onto 3 needles. Join in round and placing a marker on first st, work 2 rounds in (K1, P1) ribbing. Change to set of four 3¾ mm needles and cont in ribbing until work from beg measures 2¼ (2¼-2½-2½-2¾-3) ins [5.5 (5.5-6-6-7-8) cm].

Next rnd: Rib across 6 (6-6-8-8-8) sts. *M1. Rib across 4 (4-4-5-5-5) sts. Rep from * 3 times more. Rib to end of rnd. 64 (68-68-76-76-80) sts.

Change to set of four 4½ mm needles and proceed as follows noting that as sts inc work will be moved onto 4½ mm circular needle:

1st rnd: (Marking rnd). K4 (5-5-6-6-6). Place a marker on next st and knit it. K20 (20-20-22-22-24) (back). Place a marker on next st and knit it. K8 (10-10-12-12-12). Place a marker on next st and knit it. K0 (0-0-1-1-2). Work 1st row panel pat across next 24 sts. K0 (0-0-1-1-2) (front). Place a marker on next st and knit it. K4 (5-5-6-6-6).

2nd rnd: (Knit to next marked st. M1. Knit marked st. M1) 3 times. K0 (0-0-1-1-2). Work 2nd row panel pat across next 24 sts. K0 (0-0-1-1-2). M1. Knit marked st. M1. Knit to end of rnd. (8 sts inc).

3rd rnd: K41 (44-44-50-50-53). Work 3rd row panel pat across next 24 sts. Knit to end of rnd.

4th rnd: (Knit to next marked st. M1. Knit marked st. M1) 3 times. K1 (1-1-2-2-3). Work 4th row panel pat across next 24 sts. K1 (1-1-2-2-3). M1. Knit marked st. M1. Knit to end of rnd.

5th rnd: K47 (50-50-56-56-59). Work 5th row panel pat across next 24 sts. Knit to end of rnd.

Panel pat is now in position.

Keeping cont of panel pat, inc 8 sts evenly around next and following 18 (20-22-23-25-27) alt rnds as before. 232 (252-268-284-300-320) sts. Break yarn.

Next rnd: (Dividing rnd). Slip first 25 (28-30-32-34-36) sts (half left sleeve) onto first spare needle. Rejoin yarn and K64 (68-72-76-80-86) (back). Slip next 50 (56-60-64-68-72) sts (right sleeve) onto 2nd spare needle. Pat across 68 (72-76-80-84-90) sts (front). Slip last 25 (28-30-32-34-36) sts (rem half left sleeve) onto first spare needle. 132 (140-148-156-164-176) sts for body.

Cont working in rnds over body sts, keeping cont of panel pat, until body from dividing rnd measures 5 (6-7½-8½-9-10¾) ins [12.5 (15-19-21.5-23-27.5) cm].

Next rnd: K64 (68-72-76-80-86).

*K2tog. K15 (16-17-18-19-20). Rep from * 3 times more. K0 (0-0-0-0-2). 128 (136-144-152-160-172) sts.

Change to 3¾ mm circular needle and work 2 (2-2-2-2½-2½) ins [5 (5-5-5-6-6) cm] in (K1, P1) ribbing. Cast off in ribbing.

Sleeves: With right side of work facing, divide 50 (56-60-64-68-72) sleeve sts evenly onto three 4½ mm double pointed needles. Join in round having first st at underarm and placing a marker on this st, proceed as follows: Knit 3 (4-4-4-4-4) rnds even.

Next rnd: K1. K2tog. Knit to last 2 sts. S11K. K1. psso.

Rep last 4 (5-5-5-5-5) rnds 5 (6-8-9-10-11) times more. 38 (42-42-44-46-48) sts. Cont even knitting in rnds until work from dividing rnd measures 4½ (6½-8½-9-10½-11) ins [11.5 (16.5-21.5-23-26.5-28) cm].

Next rnd: Knit, dec 6 (10-8-10-10-10) sts evenly around. 32 (32-34-34-36-38) sts. Change to set of four 3¾ mm needles and work 2 (2-2-2-2½-2½) ins [5 (5-5-5-6-6) cm] in (K1, P1) ribbing. Cast off in ribbing.

Finishing: Fold neckband in half to wrong side and sew loosely in position.



 Patons



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